

MONDAY
OPENS 8:30am

TUESDAY
OPENS 8:30am

WEDNESDAY
OPENS 8:30am

THURSDAY
OPENS 11:00am

FRIDAY
OPENS 8:30am

OPENING HOURS

Mon, Tues, Wed, Fri: 8:30am—3:30pm.

Thurs: Centre opens at 11am

NB: Calendar groups and activities are subject to change at short notice.

<p>4</p> <p>9:00am Morning Meeting 10:00am Green Thumbs 11:00am Troy from Maxima 11:00am Cooking Skills 12:00pm Lunch 1:00pm Crafts 1:00pm NDIS Drop In</p>	<p>5</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Cameron's Talk 10:00am Centrelink Workshop 11:00am Cooking Skills 12:00pm BBQ Lunch 1:00pm Relaxation Station: Yoga, Mindfulness, Meditation 1:30pm Ten Pin Bowling</p> 	<p>6</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Harmony & Music 10:00am Life Matters Support Group 11:00am Cooking Skills 12:00pm Lunch 12:30pm Swimming & Aqua Aerobics 1:00pm Art Area DIY</p>	<p>7</p> <p>11:00am Cooking Skills 12:00pm Lunch 12:30pm Creative Expressions 2:30pm Karaoke</p>	<p>1</p> <p>9:00am Morning Meeting and Menu Plan 10:00am Baking Class 11:00am Morning Tea 12:00pm Pot Luck Lunch 1:00pm Centre Popcorn & Movies</p>
<p>11</p> <p>9:00am Morning Meeting 10:00am Green Thumbs 11:00am Cooking Skills 11:00am Wood/Leatherwork/Art 12:00pm Lunch 1:00pm Crafts 1:00pm NDIS Drop In</p> 	<p>12</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Talk it out Tuesday 11:00am Cooking Skills 12:00pm BBQ Lunch 1:00pm Relaxation Station: Yoga, Mindfulness, Meditation 1:30pm Ten Pin Bowling</p>	<p>13</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Harmony & Music 10:00am Life Matters Support Group 11:00am Cooking Skills 12:00pm Lunch 12:30pm Swimming & Aqua Aerobics 1:00pm Art Area DIY</p> 	<p>14</p> <p>11:00am Cooking Skills 11:00am Valentines Day Morning Tea 12:00pm Lunch 12:30pm Creative Expressions 2:30pm Karaoke</p> 	<p>8</p> <p>9:00am Morning Meeting and Menu Plan 10:00am Baking Class 10:30am (Outing) Daisy hill Bush Walk & Cricket 11:00am Morning Tea 12:00pm Pot Luck Lunch 1:00pm Centre Popcorn & Movies</p> 
<p>18</p> <p>9:00am Morning Meeting 10:00am Green Thumbs 11:00am Cooking Skills 11:00am Wood/Leatherwork/Art 12:00pm Lunch 1:00pm Crafts 1:00pm NDIS Drop In</p>	<p>19</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Talk it out Tuesday 11:00am Cooking Skills 12:00pm BBQ Lunch 1:00pm Relaxation Station: Yoga, Mindfulness, Meditation 1:30pm Ten Pin Bowling</p>	<p>20</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Harmony & Music 10:00am Life Matters Support Group 11:00am Cooking Skills 12:00pm Lunch 12:30pm Swimming & Aqua Aerobics 1:00pm Art Area DIY</p>	<p>21</p> <p>10:00am Consumer Committee meeting 11:00am Cooking Skills 11:00am Doggy Trick Training 12:00pm Lunch 12:30pm Creative Expressions 2:30pm Karaoke</p> 	<p>15</p> <p>9:00am Morning Meeting and Menu Plan 10:00am Baking Class 10:30 (Outing) Labrador beach trip 11:00am Morning Tea 12:00pm Pot Luck Lunch 1:00pm Centre Popcorn & Movies</p>
<p>25</p> <p>9:00am Morning Meeting 10:00am Green Thumbs 11:00am Wood/Leatherwork/Art 12:00pm Consumer Led Pub Outing 12:00pm Pot Luck Lunch 1:00pm Crafts 1:00pm NDIS Drop In</p>	<p>26</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Talk it out Tuesday 10:00am Centrelink Workshop 11:00am Cooking Skills 12:00pm BBQ Lunch 1:00pm Relaxation Station: Yoga, Mindfulness, Meditation 1:30pm Ten Pin Bowling</p>	<p>27</p> <p>9:00am Morning Meeting 9:30am NDIS Drop In 10:00am Harmony & Music 10:00am Life Matters Support Group 11:00am Cooking Skills 12:00pm Lunch 12:30pm Swimming & Aqua Aerobics 1:00pm Art Area DIY</p>	<p>28</p> <p>11:00am Cooking Skills 11:00am Doggy Trick Training 12:00pm Lunch 12:30pm Creative Expressions 2:30pm Karaoke</p>	<p>22</p> <p>9:00am Morning Meeting and Menu Plan 10:00am Beads with Jeff 10:30am (Outing) Fishing 11:00am Morning Tea 12:00pm Pot Luck Lunch 1:00pm Centre Popcorn & Movies</p>