

Minutes of the Bayside Mental Health Network

26th March 2018

<u>Attendees:</u>			
<i>Kym Haynes</i>	<i>Addictive World</i>	<i>Adrian Fitzpatrick</i>	<i>YMCA Victoria Point</i>
<i>Michael Roennfeldt</i>	<i>FSG</i>	<i>David Scott</i>	<i>Redlands City Council</i>
<i>Bec Fitzgerald</i>	<i>MSAMHS</i>	<i>Monique Broadbent</i>	<i>Standby</i>
<i>Tracey Shaw</i>	<i>Carers QLD</i>	<i>Bernadette Shanahan</i>	<i>QLD Alliance for Mental Health</i>
<i>Carolyn Monck</i>	<i>MSAMHS</i>	<i>Rob Spencer</i>	<i>RDN Coordinator</i>
<i>Kate McCormick</i>	<i>CASV</i>	<i>Louisa Roberts</i>	<i>ARAFMI</i>
<i>Tammy Outridge</i>	<i>FSG</i>	<i>Kate McCormick</i>	<i>CASV</i>
<i>Tracey Slater</i>	<i>Centacare Anam Cara</i>	<i>Samuel Walker</i>	<i>BIG</i>
<i>Nikki Wynne</i>	<i>RFQ</i>	<i>Ken Meldrum</i>	<i>MSAMHS</i>
<i>Shannon Cooper</i>	<i>AMHS- Wellbeing Team</i>	<i>Clint Tierney</i>	<i>Open Minds</i>
<u>Apologies:</u>			
<i>Kate O'Keefe</i>	<i>MSAMHS</i>	<i>Kelly Playford-Veal</i>	<i>Standby – Support After Suicide</i>
<i>Paul Fitzpatrick</i>	<i>Brisbane Bayside Crime Stoppers</i>	<i>Carol</i>	<i>FSG</i>
<i>Carissa Griffiths</i>	<i>BSPHN</i>	<i>Jan Bowman</i>	<i>QUihn</i>
<i>Jan Elston</i>	<i>RAQ</i>	<i>Adam Lo</i>	<i>CYMHS – Metro South</i>

Name of Meeting: Bayside Mental Health Network		Date/Time: 26 th March 2018 , 2:00 – 3:30pm
Chair: Michael Roennfeldt		Minutes: Bec Fitzgerald
Agenda item	Summary of Discussion	Actions
1 Welcome	Chair welcomed the group. Welcome to new services to the meeting for the first time.	
2 Apologies	noted	
3 Minutes	Confirmation of Previous Minutes	
4 Business Arising from Minutes	<p>Neighbourhood Day feedback</p> <ul style="list-style-type: none"> - event went well, generator failed 30 min prior to end of movie which was a shame, good venue for family event, possibly three events need to be held to get a better turnout - Kim Richards advocate for more - Was limited exposure on social media due to RCC restrictions - Potential for another event in 6mths - Better promotion of activities for WOW <p>Network Planning Day</p> <ul style="list-style-type: none"> - Look at pulling together the ideas from the meeting and put into actions - Discussed the ongoing interaction with the Islands including Stradbroke Islands - YBB have been overwhelmed with grief on islands and current “sorry business” - Also staff that have been impacted, can we offer support under the network? And what does this look like? - AOD initiatives – there are not enough services around Rehab/Education in the local area (Addictive World located at Mt Cotton) http://theaddictiveworld.com/ - DABIT – Addiction and Mental Health Service Redlands Hospital – brief intervention service - Community workshops, local business’s – potentially broaden the scope and information to community <p>My Community Directory</p> <ul style="list-style-type: none"> - RCC current are utilising my community directory t update local information and services in the area 	<p>Look at a community response to bereavement on the Islands, strategy and approach of how to offer support??</p> <p>Invite RCC project officer to talk at network meeting</p>

5 New Business		
5.1 Perinatal Service Bayside	<ul style="list-style-type: none"> - New service being offered in the Redlands – Jenni Bennett is located at Bayside the contact for metro south addiction and mental health, is taking referrals and will present at the next meeting 	
5.2 Steering Committee Update	<ul style="list-style-type: none"> - Michael shared a brief history and update of committee - Discuss systemic issues - Advocacy issues and collaboration on projects - Identify trends across the region - Register of needs that can't be addressed at a local level - Look to revisit membership as community is a changing landscape - Website – looking to revamp and better utilise, youtube clips, mens health, talking to NGO's around what they see in community, make website more visible 	
5.3 Men Living Well Seminar	<ul style="list-style-type: none"> - Paul from Baptist gateway Church runs programs - Saturday they have biking groups, run workshops for men - Referrals for health and wellbeing, they do offer mens sheds - projects - Support for males, open to all walks of life, don't push faith side very open - Run a charity Op Shop – give household items away for free - Looking to open up a centre at Victoria Point in April 22 out of YMCA building 	
5.4 Suicide Awareness Initiatives (Monique from Standy)	<p>Support After Suicide Service</p> <ul style="list-style-type: none"> - If services would like to be involved in the workshop / have a stall promoting their services on 26th June at Russell Island, they're welcome to please send the Expression of Interest on page eight back to us at standby.bne@uccommunity.org.au - People are also welcome to let us know if they'd like to be involved in a working group around the Out of the Shadows Into the Light suicide prevention awareness walk (September), International Survivors of Suicide Day (November), and Pathways to Care workshop (June). - Community focus, suicide is everyone's business - Workshops being held in a variety of spaces and on the Islands for post vention to police officers, ambo's coroners, headspace 	SIC to coordinate MHPN date for end of April

	<ul style="list-style-type: none"> - Local strategies – response - Stats on the islands show a high need for supports - Out of the Shadows Walk – walk of awareness for Suicide, national event run locally, suicide prevention day, often around the same time, memorial is also held - Looking to possibly hold one on Straddie – 6mths time, have made contact with Aunty Joan and have the elders support 	
5.5 QLD Alliance for Mental Health	<ul style="list-style-type: none"> - Bernadette new to role (Director for QLD) for 3 weeks, came across from Open Minds and has over 20 years’ experience in the community sector - NDIS transition – community managed mental health QTN – mental health forums being held <ul style="list-style-type: none"> - Mind The Gap report – concerns around continuity of supports, current meetings with DG and with Health around longer term funding 5 plus years, having active conversations will keep informed of any outcomes - Investment in youth mental health - Seeking sector feedback MH ACT to alliance - Submissions re topics above closes April 18 	Network to collate any issues and send through alliance (steering committee)
6 Standing_Agenda_Items	Summary of Discussion	Actions
6.1 Mental Health and Wellbeing HUB	<ul style="list-style-type: none"> - Using wow as anchor point for resilience centre - Building strategies for islands - How to respond to crisis - Men’s wellbeing – resilience centre - New person in Jans role hopefully announced in two weeks - Youth – rolling out, funding being discussed partnerships state/educational resources 	
6.2 Thrive	<ul style="list-style-type: none"> - Like to be involved please let Michael know - Capalaba Place 4th October being held in the school holidays again - WOW theme - Information out around good mental health - 	Michael to send out meeting invite for next working group
6.3 Care Coordination Panel	<ul style="list-style-type: none"> - being held monthly, good opportunity to refer any complex clients who require multiple supports. Often get a good representation of a variety of services around the table, specialist services and clinicians 	

6.4 Service Updates	<ul style="list-style-type: none"> - Please send through any flyers or info to be attached to the minutes - BIG – newsletter, hearing voices program - Community Site available at Garden City Shopping centre to promote mental health and wellbeing, pop up stall style, info sharing and resources (Contact Ken Meldrum for further info) - RDN- network meetings new location is at My Horizon 	
7. Upcoming Education session & Network Meeting		
Next meeting	Date: Monday 30/04/18 Time: 2.00 – 3.30pm Venue: Headspace Capalaba Please send agenda items to tgsjmhc@gmail.com	

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