



Minutes of the Bayside Mental Health Network

24th April 2017

<u>Attendees:</u>			
<i>Michael Roennfeldt</i>	<i>FSG</i>		
<i>Lilly Matich</i>	<i>RCC</i>	<i>Rob Spencer</i>	<i>RDN/STAR</i>
<i>Paul Fitzpatrick</i>	<i>Brisbane Bayside Crime Stoppers</i>	<i>Paul Booker</i>	<i>Karakan</i>
<i>Kylie-Maree Henderson</i>	<i>PCYC</i>	<i>Anna Collett</i>	<i>QuiHN</i>
<i>Adam Nicholson</i>	<i>QPS</i>	<i>Kate McCormick</i>	<i>CASV</i>
<i>Mark Twigg</i>	<i>RFQ</i>	<i>Kate O'Keefe</i>	<i>MSAMHS</i>
<i>Paul Fitzpatrick</i>	<i>Brisbane Bayside Crime Stoppers</i>	<i>Shalane Anderson</i>	<i>Headspace</i>
<i>Beth Dwine</i>	<i>Benevolent Society – Intensive Family Support</i>		
<u>Apologies:</u>			
<i>Jan Elston</i>	<i>RAQ</i>		
<i>Janice Callaghan</i>	<i>MSAMHS</i>		
<i>Elisha Kissick</i>	<i>Gallang Place</i>		
<i>Elizabeth Power</i>	<i>Benevolent Society</i>		

Name of Meeting: Bayside Mental Health Network		Date/Time: 24 th April, 2:00 – 3:00pm
Chair: Michael Roennfeldt		Minutes: Kate O'Keefe
Agenda item	Summary of Discussion	Actions
1 Welcome	Chair welcomed the group. Welcome to new services to the meeting for the first time.	
2 Apologies	See noted above	
3 Minutes	Confirmation of Previous Minutes	
	The minutes of the previous meeting held on 27/3/2017 were confirmed.	
4 Topic Discussion/Guest Speaker		
4.1 Guest Speaker Paul Booker - Karakan	<ul style="list-style-type: none"> • Healthy Body + Mind program • Funded by QMHC to promote physical activity in people with mental health issues and intellectual impairment • 30 week program, with free sessions run every week day across Logan and Bayside in accessible community locations to promote longer term engagement with community programs • 45 minute physical activity sessions followed by social opportunities and informal education 	 Healthy Body + Mind Karakan.pdf
5 Business Arising		
5.1 Care Coordination Program	<ul style="list-style-type: none"> • Seeking referrals for May panel to be held Tuesday 2/5/17 • Referrals are always encouraged – brochure outlines referral process and contacts • Queries please contact kate.okeefe@health.qld.gov.au 	 Metro South Brochure - 28.03.17.1
5.2 Thrive by the Bay and Mental Health Week events	<ul style="list-style-type: none"> • Working group met Friday 24/3/17 • Mapping requirements for event, seeking a new larger venue • Theme: Food • Focussing on participants rather than services • Contact Tracey Slater (email tracey.slater@bnecentacare.net.au) • Brisbane Metro MH Expo continuing to meet weekly, the Logan and Brisbane South networks have decided to participate in this event. All 	

	are welcome to contribute, contact kimberly.taylor3@health.qld.gov.au for information on upcoming meetings.	
6 Standing Agenda Items	Summary of Discussion	Actions
6.1 Mental Health and Wellbeing HUB	<ul style="list-style-type: none"> No feedback 	
6.2 Collaborative website	<ul style="list-style-type: none"> Encourage members to register events on the website www.mentalhealthcollaborative.com.au 	
6.3 Greater South Joint Mental Health – Steering Committee	<ul style="list-style-type: none"> No update 	
6.4 Service updates and Info Sharing	<p>RDN</p> <ul style="list-style-type: none"> NDIS forum in July for service providers <p>Crimestoppers</p> <ul style="list-style-type: none"> Coffee with a Cop/Biggest Morning Tea combined event at Capalaba Library 9:30 – 11am 26/5/17 Opportunity to promote events on Bay FM regularly – provide any information to Paul <p>Centre Against Sexual Violence</p> <ul style="list-style-type: none"> posters and brochures available working with women 12+ historical or recent sexual violence provide free counselling up to 28 sessions per year based at Redlands Centre for Women and Logan <p>Romero Centre</p> <ul style="list-style-type: none"> Case Coordination for Asylum Seekers and Refugees Able to source accommodation and provide basic foodstuffs to people with no access to services <p>QuIHN</p>	

	<ul style="list-style-type: none"> - Outreach team based in Redlands - No current accommodation - Seeking venues/spaces to meet with people at Capalaba, Russell Island, Macleay Island, Stradbroke Island - Seeking referrals - Provide services for individuals and significant others plus parenting group program <p>Benevolent Society (Intensive Family Support)</p> <ul style="list-style-type: none"> - Family and Child Connect centre Beenleigh and Bayside - Office at Cleveland - Working with approx. 100 families, 70% Bayside and Islands - Working with families who have a high risk of entering child safety system, multiple and complex issues <p>Headspace</p> <ul style="list-style-type: none"> - Has taken administration of Redlands Youth Network - Seeking organisations working with people under 25 to come together - Contact Shalane for further information <p>FSG</p> <ul style="list-style-type: none"> - Bayside Peer Hub open Tuesday, Wednesday, Thursday 10am – 2pm - Purely peer run, drop in service 	
7. Upcoming Education session & Network Meeting		
7.1 MHPN Education Session:		
Next meeting	<p>Date: Monday 29th May 2017 Time: 2.00 – 3.30pm Venue: Headspace Capalaba Please send agenda items to tgsjmhc@gmail.com</p>	